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Doce Pares "12 Pairs Or 12 Strikes"; System Dos Two Dos Labahas Two Blades Dos Manos Two Hands Dos Manos Largos Two Hands With Long Stick Dukop To Catch Dukot To Snatch Or Seize Unexpectedly Dukot To Reach O Jan 1th, 2024

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Lledo Did Not Develop "new" Techniques Or A "new" Style. What He Did Was To "re-arrange" The Way The Techniques Will Cover All The Aspects Of The Filipino Martial Arts And Set The Stage For Upward Evolution To An Exciting And Aggressive But Safe Modern Fighting Art. He Separated The "unarmed" Techniques From May 1th, 2024

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