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Platform. The JJIF Define Ju-Jitsu As; “Ju-Jitsu Consists Of Any Physical Action Undertaken By The “defender” To Defend Himself Against Any Unprovoked, Unwanted And/or Unlawful Physical Attack Against Its Person. This ‘attack’ Can Vary From A Simple Push, Over Grabbing Or Punching Or Kicking The Person, To Attacks With A Weapon. Mar 6th, 2024

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