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Shotokan Karate Kata - Thepopculturecompany.com

The Execution Of The Three-minute Kata, Which Comes From The Four Main Styles Of Karate--Goju-Ryu, Shito-Ryu, Shotokan-Ryu And Wado-Ryu--is Scored Based On Speed, Rhythm, Balance, Sharpness And OLYMPICS/ 'Queens Of Kata' Kicks Off Games Debut, Sanchez Wins Gold 3th, 2024

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Shotokan Was Created In Tokyo In 1938 By Gichin Funakoshi, Considered By Many To Be Modern Karate's Founding Master. Shotokan Is The Most Popular Karate Style Taught Around The World. This Style Of Karate Makes Use Of Linear Techniques And Wide Stances, Designed To Deliver Powerful Strikes Quickly. Origin: Shuri-Te Shotokan 4th, 2024

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