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## Meatless Chicken Nuggets - VeggieLand

Oven: Ake Frozen Nuggets At 400° F For 12 To 15 Minutes. Skillet-Stove Top: Place Frozen Nuggets On Non-stick Skillet Or Grill. Ook Over Medium Heat For Approximately 2-3 Minutes On Each Side. Microwave: Place Frozen 2th, 2024

## **RECIPES FOR MEATLESS MEALS**

Cooker With Cooking Spray. 2. Combine The Oats, Brown Sugar, Vanilla Extract, Cinnamon, Salt, And 3 1/4 Cups Water In The Slow Cooker. Add The Peanut Butter And Whisk To Incorporate. Stir In The Apples, Cover, And Cook On Low Heat For 8 Hours. 3. Incorporate The Somewhat Crusty Oatmeal Stuc 4th, 2024

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Produce One Pound Of Beef—meaning You Can Save More Water By Not Eating A Pound Of Beef Than You Would By Not Showering For 6 Months.iii IvYou Can Save Nearly 133 Gallons Of Water With Each Meatless Meal. Energy & Fuel Use On Average, About 40 Calories Of Foss 4th, 2024

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